

# Things you want to know about Zutphen

[September 2019]



The venue for VortexHealing in Zutphen is 'Therapiestudio Meijers'.

It's a 10-12 minutes walk [1km] distance from the train station, as well as five minutes from the old city center, where the restaurants and a supermarket are located.

Address: Groenesteeg 1, 7201 BH Zutphen  
<http://www.therapiestudiomeijers.nl> [in Dutch and English]

*The entrance gate to the studio*

Zutphen is a small town [approx. 47.000 inh.] and reasonably laid back. It is relatively busy during the tourist season, which is summer, and during some weekends in spring and autumn. For a few good impressions [1.5 minute each] of the town and its atmosphere:

<https://www.youtube.com/watch?v=IdkCtqCNI5E&t=24s>

<https://www.youtube.com/watch?v=Y4pw2EjLgXI&t=13s>

<https://www.youtube.com/watch?v=TQFar6e4Qbo&t=4s>

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## Hotels:

- Hampshire Hotel, at 850m: <https://www.hampshirehotelsgravenhofzutphen.com/>
- Inntel, for when you have a car: <http://www.inntelhotelsresortzutphen.nl/>

## B&B's:

- B&B's: <http://bedandbreakfast.bbnl.nl/uptodate/Zutphen/>
- Airbnb: <https://www.airbnb.nl/>

## On a budget:

- Campsite: none in the direct vicinity
- Campervan: <http://www.camperplaatsenindeachterhoek.nl/index.php?cid=14&taal=0>
- Couchsurfing: <https://www.couchsurfing.com/>
- Home addresses of Vortex-students:
  - Mariëtte, Kappeijne van de Coppellostraat 60. Two rooms, €25,- per night. Contact her at [mhhbruijsten@gmail.com](mailto:mhhbruijsten@gmail.com) or +31(0)617164299.
  - Judith, van Drinenstraat 92. A small room, €15,- per night. Contact her at [judithzutphen@hotmail.com](mailto:judithzutphen@hotmail.com) or +31631178742.
- Staying at the venue is not an option in Zutphen

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## Travel

Coming from abroad and flying in, the usual route will take you into Amsterdam Airport, Schiphol. From there take the train to Zutphen, which all in all takes about an hour and a half. It depends on the train schedule whether to change at Arnhem or at Apeldoorn, ask at the service desk.

Airport, general info: <http://www.schiphol.com/>

Trains, to plan your journey: <http://www.ns.nl/en/travellers/home> [in English]

When you get into Schiphol, come out of baggage claim, head to the train ticket desk, which is on the same level, through some shops. Buy a return ticket to Zutphen, catch the first train you see for Arnhem, get off there, move platform, and catch the next train to Zutphen. An hour and a half should get you there. It's a short walk to the city center. In case you need a taxi, you can call: Taxi Berkhout +31-(0)575-525345 or Taxi Zutphen +31-(0)575-728070.

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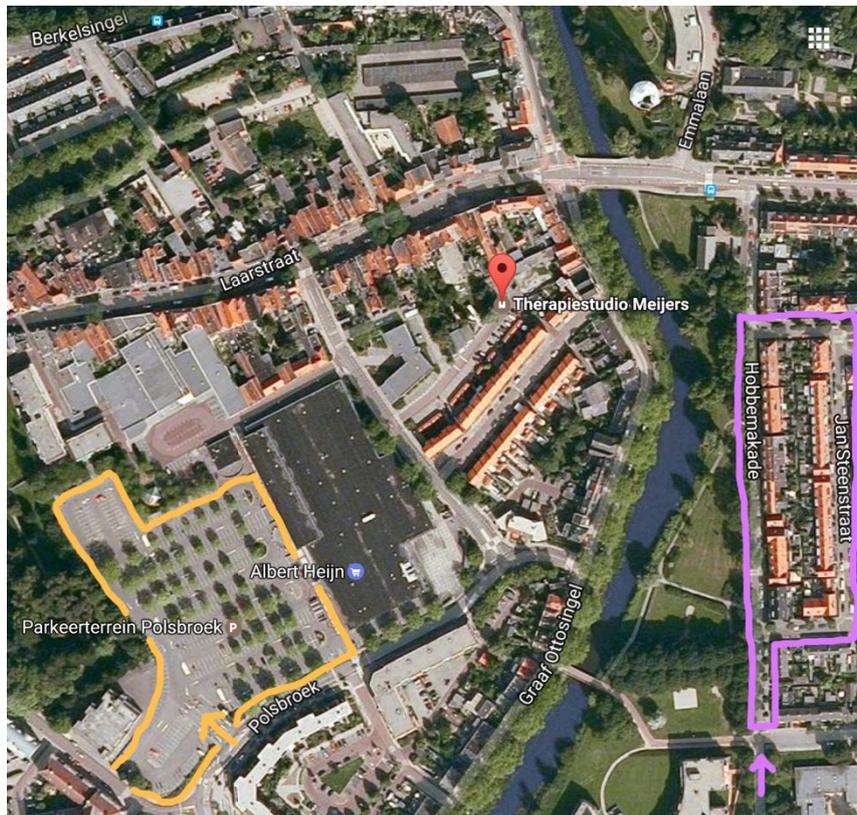
## Parking

You are *not allowed* to park your car in the street where the VortexHealing workshops are taking place.

Please use the areas highlighted on the map below for paid [orange] or free parking [purple].

Free parking is in the area on the other side of the river. Set your navigation to 'Hobbemakade' to get to this area.

Paid parking is in front of the big supermarket Albert Heijn. The address is 'Polbroek 77'.



*Free parking [purple] and Paid parking [orange] in Zutphen*

Please note that there's only free parking outside of the old center. Please don't risk a fine or upset the neighbours.

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## Eating out and shopping

The venue is at walking distance from the old city center, as well as just a stone's throw away from a nice little river to stroll by and sit and relax during breaks [see end of file for details]. For lunch and dinner there are plenty of places to eat or to just have a drink.

On the map below some restaurants are indicated by Google. West [left on the map] of the Boompjeswal is the old city center, medieval in origin, with shops. You can find other restaurants / places to eat in the streets indicated by the salmon-colored lines. All of these are at walking distance from the venue.

Other restaurants, not on the map, include the all-you-can-eat wok place on the Kanonsdijk, the organic Bio-Toko [best vegetarian] on the Havenstraat and the Japanese restaurant Hai Grill & Sushi on the Molengracht.

The biggest supermarket in town, the Albert Heijn is right opposite the venue. It's open Monday to Saturday 8am-9pm, and Sunday 12pm-6pm.

Markets are on Thursdays 8am-1pm, and Saturdays 8am-5pm. Saturday's market has an organic section.

There are three organic shops in town:  
Estafette, Spitaalstraat / SuperNatuur, Lange Hofstraat / Koehoorn, Dieserstraat



*Restaurants in Zutphen center & Supermarket Albert Heijn, all within walking distance*

### **VortexHealing Earthworks III Nature Divine Spaces & Christ Consciousness Grid**

In Zutphen you can enjoy several VortexHealing EarthWorks III structures.

Indicated in light orange on the map are two Nature Magic spaces. Both are only a one-minute walk from the studio, in a park by the river Berkel, and on the other side of the parking lot at the supermarket.

The whole city center has a dense Christ Consciousness Grid covering it. You might sense this clearly at the Walburgiskerk, indicated on the map in purple.



*The river Berkel, great for swimming*



*City center of Zutphen with the VortexHealing Earthwork structures [in orange and purple]*

Directions to get to the Nature Divine Space by the river:

1. Out the gate, immediately left,
2. Left twice,
3. Right, and cross the street,
4. Right, into the park.



*Directions to the park with the Nature Divine Space*